

Description of the way:

The trail starts from the Berghotel (1370 m), heading uphill to the right towards the Sesto Circular Trail No. 1 and then turning left downhill passing the Restaurant Kiniger towards the church of Sesto. At the wooden fountain in front of the Goldenes Kreuz inn, the Path of Reflection no. 4D begins, passing by the farms Hösler and Ladstätter, until reaching the chapel in the woods. This chapel is hidden in a wooded area as it served as a secret location for conducting German services during the fascist era. The trail now merges into a forest road (marked as path no. 4). We hike along this road until the intersection with trail no. 2 and then continue to the Waldruhe inn. A short asphalt section takes us uphill to the left to the Holzerhof (Außerbacher) farm. From there, a narrow path leads to the Monte di Mezzo - Panorama inn. Following trail marker no. 3 downhill, passing by the hut of the legendary "Knödelweibele", we return to the Berghotel via the Sesto Circular Trail (trail no. 1).

Advices and suggestions:

This easy but wonderful hike first follows the way around Sesto, passing the wonderful cemetery of Sesto and arriving at the chapel in the wood. From there it always stays at the sunny side of the valley with really nice views.

Summary:

Culture, mystical woods, old farmhouses and wonderful views await you.





