

Description of the way:

Starting from the **Berghotel** (1339 m), we cross the valley floor westwards, reach the ruins of the old Haideck fortress (1413 m) with a short ascent, and follow trail no. 1A to the intersection with trail no. 12. This leads us steeply upwards over the Bärisbach until the forest clears. We cross the Wassertal and at a crossroads we turn left up a steep path up to the first mountain meadows. Continuing the path, we reach the highest point, the "Rossehimmel" (2065 m; **Innergsell**). Then we briefly descend westward on trail no. 12, cross the boulder field under the Cima di Sesto, and reach the **Monte Casella di Fuori** (2004 m). The descent first leads along the forest road no. 12 to a flat area, where trail 12B branches off to the east and takes us down to the **"Frohne" meadows** and back to our starting point.

Advises:

An insider tip for those who are searching for quietness, solitude and nature. The trails to meadows are easy but partially steep.

Summary:

If you love the silence, solitude and a sea of flowers, this excursion is right for you. You have to take food and drink because there is no managed hut.





