



TRAIL ALONG THE KARNISCHE MOUNTAINS

🕒 11-12 h 📍 29.6 km 🏔️ 1636 hm



Description of the way:

Firstly, you take the cable car **Helmjet** up to the mountain station of Monte Elmo (2041 m). From there, you head east passing the **Gallo Cedrone Hut** (2150 m) to the **Sillianer Hut** (2447 m) and cross the Hochgruben summit (2537 m). Path no. 403 leads past **Monte Arnese** (2550 m) and the Hollbrucker Spitze (2581 m) to the Hochgräntenjoch pass (2429 m), by passing the Demutspitze (2591 m), the Schöntalhöhe (2634 m), and the two peaks of the **Eisenreich** (2665 m), from where we descend to the western Obstanser Saddle (2533 m). A signpost points left to the Obstansersee Hut (2304 m), but you leave the ridge to the right, descending along path no. 160 southwest to the Passo Silvella pass (2325 m) and then ascend again to the right along path no. 146 to the mountain pasture **Malga Nemes** (1877 m). Following the path no. 13 and no. 139, you descend to **Ristorante Froneben** (1540 m) and return to the Berghotel.

Advices and suggestions:

A long walk with no difficult, absolutely beautiful because of the views, a continuous up and down with many remainders of World War I. Half the way is in Italy and half the way is in Austria.

Variant:

Variant 1: after the Sillianer hut you can descent on path nr. 134/133 to the Klammbach Hut and from there back to the Berghotel on path nr. 13 and the Mühlensteig or nr. 139 – walking time 4-5 hours

Variant 2: (absolutely beautiful) more or less 1 hour after the Sillianer Hut at the little cemetery there is another possibility to go home earlier by taking path nr. 14 on our right, arriving also at the Klammbach hut (managed hut) home then like in variant 1. – walking time 5-6 hours

