



INNERFELD VALLEY - FISCHLEINVALLEY

⌚ 8 h

📍 23,6 km

⚡ 1221 hm



Description of the route:

By car or bus, you drive to the parking lot in **Val Campo di Dentro**. From there, a wide path leads to the **Rifugio Tre Scarperi** (1626 m). Along the western edge of the valley, you hike on path no. 105 until the trail junction, but remaining on path no. 105, which leads left over the gravel and the river to the Passo dell'Alpe Mattina. The path now ascends steeply to the Innichbacher Graben which you cross and hike up to the Passo dell'Alpe Mattina, west of the Torre di Toblin (2617 m). From here, you can see the 3 Peaks and the entire mountain panorama. The path now continues past the Sasso di Sesto to the **Rifugio Locatelli** (2405 m). Along trail no. 102, you descend northeast through the Bödenalm with its two upper lakes and then through the picturesque Altensteintal down to **Rifugio Fondo Valle** and then to the Dolomitenhof in the Val Fiscalina. From there, by bus or by foot, you can reach Moos or the parking lot in Val Campo di Dentro.

Summary:

An excellent tour with fantastic lookouts and until the Dreizinnenhut you will be almost alone and in silence.

Advices and suggestions:

This long but absolutely beautiful hike offer you spectacular views at the 3 Cime, once you reach the Gwengalpenjoch/passio Alpe Mattina. The path is a bit steep. If you have a good physical constitution you may make a longer round reaching the Passo Rondoi/Wildgrabenjoch where you can see the 3 Cime even better. You can reach the Innerfeld valley by bus/shuttlebus or you plan your next tour ending in the Innerfeld valley where you have parked your car p.e. the wonderful Mount Gsell starting at the Fischleintal (see tour 2).

You can also do the hike vice versa, but as described it is more beautiful



