

Snow shoe hike 2: Helm / Monte Elmo summit

Starting point: Moos/Berghotel (1370mt.)

At a short view: Berghotel – Helmhang hut – Panorama – Lärchen hut – Helmrestaurant – Hahnspiel hut – Monte Elmo peak (2.434 mt.)

Difference in altitude: ca. 1.000mt.

Time of walking: ca. 5 hours

Difficulty: 4



Description of the way: We start from Berghotel and go right up to Froneben. Arrived there we take path nr. 138 to the Helmhang hut passing the Troyen farms. We go a short part downwards to the restaurant Panorama where you have a beautiful view to Sesto. We follow a forest street at the right above the restaurant and after some curves we reach the Lärchenhut near the ski slope. If you want you can relax for a moment at the sunny terrace of the hut and have a drink. Next we arrive to the restaurant Monte Elmo and the funicular station. Back the funicular we take a right the way nr. 4, 20 crossing another ski

slope and passing by the Hahnspiel hut. From here with fresh snow you need snow shoes (you can get them at the Berghotel) and always check the avalanche situation (in the hut or at the Berghotel). From here after one hour you reach the peak of the Monte Elmo where you have the best views at the surroundings and also to the Austrian Alps. To turn to the Berghotel we take the funicular, but if you want you can also go down the same way. **Ask always for the avalanche situation!!**

Variant: from the Helmhang hut/pendio Monte Elmo hut passing the “Negerdorf/settebaracche” you can reach the summit directly on path nr. 3 A far from noise and crowd. Very steep and only with snow shoes

Summary: a perfect panoramic tour with nice huts along the way.

