



01

1. MONTE SPINA & CRODA ROSSA VALLEY TRAIL

🕒 7 h

📍 47 km

⚠️ 1.850 hm

🚲 S1-S2

Tour details:

Start from the **Berghotel** to the Moos church, turn left uphill and follow the forest road towards **Nemes Hut**. Shortly before the hut, turn left along a wide but partly washed-out path to the **Passo Silvella**. Once there, there is a push section to the left over the gravel fields of **Col Quaterna**. Now for the highlight: the **Monte Spina Trail**. Like a crest, it runs along the meadow ridge for almost 7 kilometres towards the south with the destination **Dosoledo**. From Dosoleto, a tough climb follows via **Valgrande** and the forest path to **Passo Monte Croce**. Once you reach Passo Monte Croce, you are only 300 metres in altitude short. The beautiful path through the larch forests leads towards the meadows of Croda Rossa. From there, the final descent starts via the **Croda Rossa Valley** (no. 153), a flow-trail into the **Fischlein Valley**. Once in the Fischlein Valley, a wide forest path leads back to the village of **Moos** and our Berghotel.

The tour can also be done by e-bike.



