



20

20. PRATO PIAZZA - MONTE SPECIE

⌚ 4,5 h

📍 68 km

⚠️ 1.290 hm

🚲 S3 - S4

Tour details:

Start from the Berghotel in Sesto via the cycle path to **San Candido**, continue to **Dobbiaco**, turn left onto the cycle path towards Cortina as far as **Carbonin**. After the "Ploner" holiday complex, you reach the **Prato Piazza** after 7 km and approx. 1 hour on the **forest road**. Once there, head via the **Vallandro Hut** to Monte Specie with a fantastic 360-degree view of the Sesto and Ampezzo Dolomites.

After you reach the summit, head back a little to reach the Three Peaks Hotel via **trail no. 34** across the Helltal valley. This **trail** is only **recommended for absolute experts** and is partially categorised with a **difficulty level of S4**. This old wartime trail takes you past old emplacements from the First World War, with the highlight being a rock ledge carved into the rock and secured with steel cables that has to be overcome. At the end, the trail becomes a little more **flowy** and you can enjoy the last section in a relaxed manner. Return via the cycle path to **Dobbiaco**, **San Candido** and the **starting point**.

The tour can also be done by e-bike.



