



08

## 8. DEMUTPASSAGE

🕒 5 h

📍 35 km

⚠️ 1.370 hm

🚵 S3-S4

### Tour details:

Start from the Berghotel to **Sesto** past the church to **Monte di Mezzo**. From there, turn **left** towards the **Larice Hut** and continue to the **Helmrestaurant**. The next destination is the **Gallo Cedrone Hut** - from there you continue along a very good, wide path to the **Sillianer Hut**, which must first be reached with a short but very demanding climb. Here you can then enjoy fantastic views of the Three Peaks and the Sesto Dolomites and northwards to the Grossglockner. The route then continues on the **Stonemantrail** towards **Monte Arnese**, which has to be bypassed on the **left**. The entire **Demutpassage** to **Passo Silvella** is approx. 7 km long and **technically very difficult** with narrow exposed trails, some **carrying and pushing passages** depending on the respective technical requirements. The scenery is a dream and of course an absolute biking experience. Once you arrive at Passo Silvella, you then take a trail to the **Nemes Hut** and from there towards **Passo Monte Croce** back to Moos.

The tour can also be done by e-bike.





