

# BERGHOTEL'S HIKING GUIDE



**Elisabeth Egarter**

Elisabeth "Lee" Egarter is without question a mountain lover. Her favorite place: outside and high up. She is not only a ski instructor and successful ski coach, but also a hiking guide and winner of the Transalpine Run. Sport is her life. So in winter you can meet Lee every day on the slopes, where she teaches children and adults the perfect ski turn, and in summer she is out and about almost every day as a hiking guide in the Sesto Dolomites. In her professional life she walks and in her private life she likes to ride her mountain bike.



**Melanie Hofer**

So close to the sky! The mountains, the laughter, and herself—they are one. Melanie has always had a deep love for the beauty of nature, from the rugged peaks to the gentle ridges and green alpine meadows. Since she was a young girl, she has been captivated by the majestic landscapes of the mountains. She absolutely loves the physical challenge, but more than anything, she's crazy about the mountain air. She loves feeling it on her face, whether she's out hiking or just taking a moment to appreciate the beauty around her. She would love to share this feeling with you: the peace and quiet of the mountains, away from the daily hustle and bustle. After a lovely hike to the top, or a cosy evening in a charming mountain hut,



**Anna Lerchner**

Anna's heart project is health, including yours. Together she shows how health can be maintained, promoted and strengthened. Treatments, instructions and knowledge transfer help to bring body, mind and soul into harmony, to maintain health or to heal.

"I enjoy sharing my knowledge and experience in the field of health, but the key to success is in your hands."

(Anna Lerchner)

