

27) Forcella del Lago- a long and lonesome trail in the Innerfeld valley

Starting point: Parking place Val Campo di Dentro (with your car you can go to the upper parking Antoniusstein until 9 am ca., after that time access only by shuttle bus.

At a quick view: Parking Val Campo di Dentro – [Rif. Tre Scarperi](#) – Valletta Hangenalpel – Forcella del Lago

Difference in altitude: 1400m on rise and descent

Highest point: Forcella del Lago (2545m)

Time of walking: 6 hours (Parking place-Val Campo di Dentro, Forcella del Lago 3 ½ h, return 2 hours)

Trail: Nr. 105, Nr. 9

Huts: [Rif. Tre Scarperi](#) (End of May till middle October)

Description of the way: From the Berghotel we go by car or bus to the Innerfeldtal car park, where we follow the path no. 105 to the Dreischusterhut (1,602 m). Passing the hut, we turn slightly right and follow this path up to the end of the Innerfeldtal. Walk through a scree field to the right side of the valley and keep right at the fork in the path. Cross the so-called Schwarzboden and follow path no. 10 up to the valley of the Hangalpental. At the next fork in the trail, turn right again and follow trail nr. 9 through the increasingly rocky valley. The last few metres before the Lückelescharte are made up of hairpin bends on a steep scree slope, where you have a wonderful view of the Mitteralmsee.

After a short rest we continue our hike. We leave trail no. 9 and climb over rock steps up the Birkenkofelsteig, which later leads into a gully secured with a wire rope. The path, which is always exposed, leads us up to the wide crest, where we reach the summit of the Hochebenkofel.

The descent follows the same path as the ascent.

Physical requirements: an easy excursion but long! Only for perennial hikers when the weather is good!

Panorama: +

