

Ski tour 9: Ski touring instruction path

Starting point: Moos/Berghotel (1370mt.)

At a short view: Berghotel – Signaue/Restaurant Zin Fux – Croda Rossa – Signaue - Berghotel

Difference in altitude: ca. 540 m

Time of walking: ca. 1,5 - 2 hours

Difficulty: 2

Description of the way: Emergency equipment and trailhead check, the right skinning technique, avalanche warning levels, risk reduction, estimating the slope gradient or practising the rescue in case of an avalanche: during a two-hour tour, the Sexten ski touring trail teaches you everything you need to know about safe ski touring. The educational trail combines basic theoretical knowledge, for example about the correct behaviour in the event of an avalanche, with a tour of about 6km on which you have to climb around 540 metres of altitude. The ski touring trail, equipped with information boards, starts behind the restaurant Zin Fux (at the Signaue car park, accessible by car or public bus) and leads between trees and across meadows to the Croda Rossa. From there to the mountain station, you can practise the hairpin bend technique in the open terrain before returning to the valley via the ski slope.

Tips and advices:

The ski touring trail is interesting for both beginners and experts of this sport, as the trilingual information boards cover topics such as risk management, walking and hairpin bend techniques and dangers in the terrain.

